

# CRAIG'S HEARTSTRONG FOUNDATION



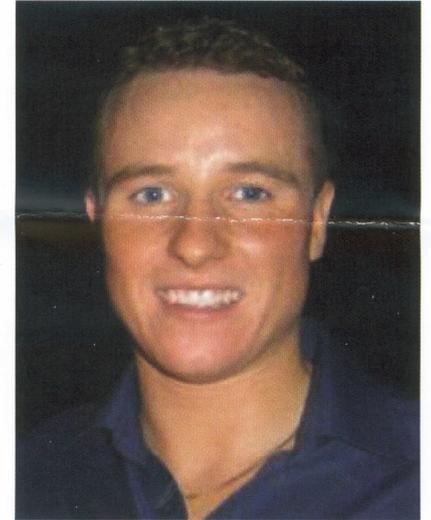
WORKING AT THE

OF THE MANX COMMUNITY

[www.craigshheartstrongfoundation.co.uk](http://www.craigshheartstrongfoundation.co.uk)

Craig's Heartstrong Foundation is an established Manx charity which was set up by the Lunt family in memory of their 25 year old son, Craig, a well-respected, talented and popular young Manx footballer who tragically died in April 2005. His death was due to a previously undiagnosed heart defect.

Craig's condition was what is known as Long QT syndrome. Long QT syndrome is a disorder of the electrical system of the heart and one of a range of conditions that cause unexplained sudden death in a young person.



The focus of Craig's Heartstrong Foundation is to raise the necessary funding to enable heart screening of men and women between the ages of 14 and 35 in the Isle of Man in order to detect any possible symptoms of Hypertrophic and Dilated Cardiomyopathy and thus help prevent Sudden Death Syndrome (SDS). By providing this vital screening service, we are then able to monitor and provide support to treat accordingly, any of these detectable heart defects to provide a healthy future for the island.

Craig's Heartstrong Foundation have teamed up with the UK charity CRY (Cardiac Risk in the Young) in order to bring the island the relevant equipment and qualified staff to enable us to hold heart screening events.



The foundation has recently purchased defibrillators for all football clubs, Rugby clubs, High Schools and other sports clubs on the Isle of Man (~~55 in total~~). 105

In 2013 the foundation is hoping to raise the necessary funding to equip all of our 35 Primary schools with defibrillators.

By continuing to provide the screening weekends and defibrillators we hope that what happened to Craig will never happen to anyone else.

Please visit our website at [www.craigshheartstrongfoundation.co.uk](http://www.craigshheartstrongfoundation.co.uk) or call 07624 401761.